

**USE OF A SRI AND VITAMIN B6 FOR THE TREATMENT  
OF NEUROLOGICAL AND MENTAL DISORDERS**

**ABSTRACT OF THE DISCLOSURE**

The invention is concerned with a method of treating neurological and/or mental disorders that are associated with, or pathogenetically related to deficient serotonin neurotransmission. The invention relates to a method of treating depressive disorders, anxiety disorders, post-traumatic stress syndrome or premenstrual syndrome, said method comprising the administration of serotonin re-uptake inhibitor (SRI) in a daily amount of at least 0.4 mg, wherein a vitamin B6 component is co-administered in a daily amount of between 0.01 and 10 mmoles to improve the responder rate or to advance the onset of action of the treatment with SRI, and wherein the method does not include the application to the brain of an AC pulsed magnetic field of at least 7.5 picotesia flux density for at least 15 minutes. The invention also encompasses pharmaceutical formulations containing SRI and vitamin B6 component and comprising a dosage unit that provides a sustained release of the vitamin B6 component.